

Social Research Call

Title:

Gender-based violence prevalence in adolescents through an ecological momentary assessment



Acronym: GBV-ADO-EMA

Project leader: Anna Carballo Márquez

Host organisation: Universitat Internacional de Catalunya

Main purpose of the project:

The main objective of this study is to assess the presence of everyday sexist and gender-based violence (GBV) situations among Spanish adolescents, aged 16-18, and to monitor their psychological distress through an ecological momentary assessment (EMA), focusing on their roles as victims and/or witnesses and in contextual factors.

Design/methodology/approach:

This study will examine baseline and everyday incidents of GBV among Spanish adolescents using a digital-based EMA. A mixed-methods design will capture real-time experiences and end-of-day reflections to identify GBV experiences in the daily lives of adolescents as victims and/or witnesses, related psychological outcomes, and contextual variables.

Potential results:

Providing new and reliable insights into the actual prevalence of GBV experienced by adolescents in their daily lives, the context in which these experiences are most common, and the psychological distress experienced by victims and witnesses will be invaluable in identifying normalized forms of GBV and in designing prevention programs for these ages.

Social relevance of the research:

GBV among adolescents in Spain is a significant and growing challenge with serious consequences for the victims' physical, mental and reproductive health. The widespread normalization and invisibility of violence underscores the urgent need for measures to enhance early identification and awareness during adolescence.

Originality/value of the project:

Most studies on GBV rely on retrospective self-reports, which are susceptible to recall and trauma biases. EMA minimizes recall bias, enhances ecological validity and provides a dynamic, real-time view of GBV, offering insights that retrospective methods cannot.