

Social Research Call

Title:

A Comprehensive Approach to Discrimination: Prevalence and Impact as Barriers to Migrants' Inclusion



Acronym: Pathways-to-Include

Project leader: Christin-Melanie Vauclair

Host organisation: Associação ISCTE Conhecimento e Inovação - Centro de Valorização e Transferência de Tecnologias

Main purpose of the project: This project examines the prevalence and consequences of blatant and subtle discrimination among CPLP-born Migrants in Portugal, by identifying: *how* widespread the reported experience of discrimination is, *who* is being most discriminated against, *how* discrimination manifests itself, and *what* the resulting consequences are for migrants' well-being and social inclusion.

Design/methodology/approach: The project consists of three studies: I) A partially representative study on the prevalence and consequences of subtle and blatant discrimination, II) A longitudinal follow-up to establish the directional relationships of subtle and blatant discrimination with outcome variables, III) A two-week diary study to examine the short-term temporal effects of subtle discrimination on daily adjustment outcomes.

Potential results: The project will provide the first large-scale and longitudinal empirical evidence about the prevalence and impact of subtle and blatant perceived discrimination among CPLP-born Migrants in Portugal, filling a crucial data gap in the scientific literature and offering novel insights that can inform concrete *pathways* to their *inclusion*.

Social relevance of the research: Taking place at a key historical moment for the Portuguese society, amid the rise of far-right, anti-immigration discourses and discrimination complaints, the project's core assumption is that effective policies for migrants' inclusion can only be created by identifying all the (in)visible challenges they face.

Originality/value of the project: Going beyond common unidimensional approaches, the project examines perceived discrimination as a multifaceted stressor that can take diverse forms (i.e., subtle, blatant, interpersonal, institutional). It acknowledges the complexity of migrants' lived experiences by adopting an intersectional lens, bridging diverse theoretical fields, and involving key stakeholders at all stages through a participatory approach.